

Bodhisattva Buddhist Centre

Working visits and volunteering



www.meditateinbrighton.com

Working Visits

Take a break from your normal routine, and experience life in a Buddhist community. Working visits are a wonderful way to give yourself a break for free. In exchange for your work in the community, you will be provided with food and accommodation and the opportunity to attend the meditation classes and retreats the Centre offers. The relaxed atmosphere and spiritual perspective make the work enjoyable and rewarding.

The work you will be asked to do is varied and may include gardening, cleaning or painting and decorating. We are always interested to hear of any skills you may be able to offer or you might end up discovering some hidden talents you didn't know you possessed.

Your working visit lasts 1 or 2 weeks and begins when you arrive on Sunday evening and settle in to your dormitory accommodation. Your working week will be 9am - 5pm Monday to Friday, with 3 vegetarian meals each day.



The Centre is located in the heart of Brighton. During the evenings and weekends you can explore the city and enjoy the spiritual programme at the centre.

Volunteering

Here's what some previous workig visitors had to say about their stay at the Centre:

"I found a community which was full of happiness and energy, everyone laughed."
Antje, Germany.

"To be working at Bodhisattva Centre is to have an experience full of joy, peace and friendship." Natalia, Spain.

Voluntary work

A lot of work is involved in maintaining the Centre and we always appreciate the contribution of our volunteer team. Anyone can volunteer to help, if you can spare a few hours please come along. Work includes statue painting and filling, office work, gardening, painting and decorating and general building work. Please contact our Administrative Director.

Application for working visit

Your details:

Name: _____ Date of birth: __/__/____

Address: _____

Telephone: _____ Email: _____

Details of next of kin:

Name: _____

Address: _____

Telephone: _____

Please provide two reference:

Name(1): _____

Address: _____

Telephone: _____

Name(2): _____

Address: _____

Telephone: _____

Dates you want to come:

Choice 1: __/__/____

Choice 2: __/__/____

Your skills and qualification:

NKT Centre you attend and Teacher's name:

Do you have any disabilities or are you on any medication?

Why do you want to come / what work would you like to do?